



GuidanceResources®

# Planning Elder Care

Finding the right care for elderly parents and other loved ones can be a struggle, both financially and emotionally. Your ComPsych® GuidanceResources® Employee Assistance Program can help ease the burden and guide you through your decision-making process.

Our experienced clinicians, financial specialists and staff attorneys offer confidential counseling, planning tools and other resources to address any issues you may have. These services are provided at no cost to you and your household members and are available 24 hours a day, seven days a week, online or by calling a toll-free line.

## Call anytime for concerns such as:

- Finding assisted living
- Long-term care insurance
- Paying for elder care
- Coping with stress
- Balancing work and family

COMPSYCH®  
GuidanceResources® Worldwide

 Guardian®



24/7 Live Assistance:  
Call: (855) 239.0743  
TRS: Dial 711



Online: [guidanceresources.com](https://www.guidanceresources.com)  
App: GuidanceNow<sup>SM</sup>  
Web ID: Guardian

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