



GuidanceResources®

Separation and Divorce

The pain of separation and divorce can be devastating, but help is available. Your ComPsych® GuidanceResources® Employee Assistance Program offers confidential counseling and other tools to help you through this difficult time. This service is staffed by experienced, caring clinicians and is available to you and your household members 24 hours a day, seven days a week.

Call toll-free or go online to speak with a GuidanceConsultantSM who will listen to your concerns and refer you to resources in your community or to a GuidanceResources specialist to address your issues.

Call anytime for concerns such as:

- Alternative dispute resolution
- Child custody and visitation
- Child support
- Coping with depression
- Dating as a divorced parent

COMPSYCH®
GuidanceResources® Worldwide

 Guardian®



24/7 Live Assistance:
Call: (855) 239.0743
TRS: Dial 711



Online: [guidanceresources.com](https://www.guidanceresources.com)
App: GuidanceNowSM
Web ID: Guardian

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